

BFC KICKS

Brookings Futbol Club

The Brookings Indoor Recreation Center

It has been almost three years since BFC gave three "soccer dads" a little bit of money to see what the possibility of having an indoor facility might cost and look like.

On April 12th the citizens of Brookings will have the chance to vote on this very project. From where we started it has grown into a full turf field, to 4 BB/VB courts, 3 tennis courts a racquetball court, walking track, meeting room and more. Pretty cool from where it all began!

For SOCCER - this would be a great addition! We struggle finding practice times and facilities - this would solve that. We could host a number of different tournaments which brings income to the club and the City. We could really showcase BFC - how exciting!

So on April 12th go vote! And if you like the idea of growing Brookings and soccer - VOTE for the Indoor Recreation Center!



From the Technical Director:

A little bit of advice to players that want to achieve high level success in soccer.

As I talk with young players most players have very clear dreams of what they want to achieve. They want to play college soccer, varsity soccer and they dream of a state championship or other special accolades. Here is my advice for all young players to chase their dreams.

1) Be responsible for your own player development. Too many players believe that if they go to the training sessions and tournaments they're doing everything they can. The truth to this statement is they're doing everything that everyone else is doing. Even at the college level the players that find the most success are the ones that seek out extra workout, self-train or come early to training for extra work. I love seeing young players in Brookings self-train on their own, seek out guest playing opportunities or playing pickup with the SDSU men's club team.

BFC Competitive

From your VP of Competitive -

Teresa Conrad

Competitive Registration is open for the spring/summer. Our tournaments have been identified and we are excited for trainings to start getting under way. Most groups will be taking some time off while Spring League kicks-off, with a couple of practices sprinkled in for preparation of Champions League play.

You should be hearing from your team manager soon on training schedules for the spring and summer. It's going to be a great season!

Go BFC!!

Spring League

2016 Spring League Season April 11th - May 21st

Game Nights

U5/U6 Girls Tuesday/Saturday

U5/U6 Boys Monday/Saturday

U7/U8 Girls Thursday/Saturday

U7/U8 Boys Tuesday/Saturday

U9/U10 Girls Tuesday/Saturday

U9/U10 Boys Monday/Saturday

U11/U12 Girls Thursday/Saturday

U11/U12 Boys Thursday/Saturday

2) Max effort and competitive grit pays off. We coaches often stress that our focus is development over winning, and this is true. Coaches of young players shouldn't manipulate the game to win if it mean sacrificing development (i.e a cherry picking U10 forward, keeping defenders inside the box at all times, etc.). Players, however, should strive to play with max effort 100% of the time because it will pay off. Competitive grit is a mindset that says "I'm going to be the reason my team wins today" and that mentality will fuel you to give your best effort each and every day. This point is why I believe strongly that young athletes should play multiple sports. Giving max effort and competitive grit can be developed and honed in many sports.

3) Turn your dreams into daily actions. Dreams are great but simple actions repeated over time will unlock successes that will bring you closer to those dreams. You will be amazed at how your development will take off if you can find 10 minutes a day, 2 to 3 times per week. All BFC players know fast footwork, juggling ideas, etc. to work on but every coach that we have would be willing to give you specific self-training ideas to help you better your game.

All the Best,

Brock

BFC Technical Director

