

BFC KICKS

Brookings Futbol Club

Important things/ dates to remember

- Spring League Registration is OPEN. Register before March 14th for guaranteed placement.
- Competitive Registration for Outdoor Season is OPEN. This registration is for U8-U14. With the change in the age matrix - U8s are now included!
- Team Managers are needing availability for Tournaments and Champions League. Contact your Team Manager for more information.
- Our next Board Meeting is March 28th from 7:30-9:00 at the Brookings Public Library.
- City election is April 12th. It will include the vote for the Brookings Recreation Indoor Center (BRIC). Please make sure you get out and vote. AND - as important, make sure you are registered to vote. This needs to be done 14 days before the election.
- The article below is from US Youth Soccer magazine (Fuel) Soccer101 11/2015



"There is nothing stronger than the heart of a volunteer"

Recently I ran across this quote. For some reason it resonated with me. Maybe it was because we had just completed hosting our biggest Cubby's Indoor Futsal event, maybe I was preparing for a monthly

board meeting, or maybe it was the excitement I am feeling with the possibility of building a one of a kind indoor facility in Brookings? Maybe the reason doesn't matter, or maybe it is the reality of how BFC exists. I am constantly amazed at what our organization accomplishes. BFC has some pretty dedicated volunteers and we will need others to step up very soon. The volunteers are at the heart of everything we do. Your executive board is 100% volunteer. These dedicated individuals help run our League activities, our Competitive program, our Development and Fundraising, our Event hosting, archiving our meeting notes and just general Leadership. Everyone of these people have one thing in common - they have huge hearts and their priority is putting our kids first and developing our Club.

We are a BIG organization! We have around 1200 different registrations each year. That ranges from our Fall, Winter and Spring Leagues to all of our Competitive Teams including our Winter and Summer Skills Schools. Each of those programs have

Positioning

GOALKEEPER: There is only one goalkeeper on each team and he/she is the only player allowed to use hands and arms, although he/she is only allowed to do so within the penalty box. Also, if a teammate intentionally passes them the ball, a goalkeeper is not allowed to use his/her hands.

DEFENDER: Also known as fullbacks, defenders are the last line of defense, besides the goalkeeper, hence the name defenders. Their main responsibility is to prevent the opposing team from scoring.

MIDFIELDER: Also known as halfbacks, midfielders are positioned between defenders and forwards. This allows them to move up and down the field and contribute to both the defensive and offensive efforts.

FORWARD: Although forwards often aid the rest of the team with defense, their main responsibility is to score goals.

Set Pieces

THROW-INS: When a team causes the ball to go out of play on the sidelines, their opponents are awarded a throw-in. This means that one player will throw the ball in toward one of his or her own teammates, resuming the game.

GOAL KICK: A goal kick is given to a team when the opposing team does not score, but causes the ball to cross the defending team's goal line on either side of the net. Goal kicks can be taken by any player from anywhere in the 6-yard box.

CORNER KICK: A corner kick is given to the attacking team when the ball crosses the goal line, having been last touched by a player on the defending team. The ball is placed in the corner, where the sideline and goal line meet, and all players from the defending team must be at least 10 yards away from the ball.

FREE KICK: Free kicks are given to a team when their opponents have committed a foul. There are two types of free kicks, indirect and direct. Indirect free kicks are for less severe offenses and must be touched by another player before entering the goal. Direct free kicks are given for serious fouls and are allowed to enter the goal without being touched by any other player.

an army of volunteers. League coaches, team managers, team reporters, concession staff and workers - and the list goes on and on. We host two great tournaments each year with both of them right around 100 teams. There is a dedicated tournament committee that spends hours preparing for these big events - and again another army of volunteers to help make sure registration, concessions and the games run smoothly. Our Development program has a sophisticated program that raises thousands of dollars that continues to help us improve our facilities, practices or hire more coaches. It truly is amazing what WE do.

The "paid" staff is virtually volunteer as well. Our coaches get paid minimally for the hours of travel, preparation and coaching that they do - and they do a great job! And our referees - wow! We have kids and adults who choose to learn the game and put on those referee uniforms to administer the rules of the game. From our Treasurer, to our Administrator to our Technical Director - the small stipends we pay is minimal to what we ask to get done - they volunteer hours to make things happen. We have a top notch web site, top coaches that continue to develop and a financial status that allows us to continue to grow.

Not one area is more important than the next. BUT - the most important asset we have to have is VOLUNTEERS! The next time things might not seem to go your way, or if a decision is made that seems unfavorable, please remember the volunteers are working hard to benefit as many people as possible. AND - each year there are Board positions that are up for replacement. This year we will vote for League VP, Secretary and President. My hope is to continue to find these "Strong Hearts". Please start thinking now about how YOU can become involved.

BFC President - Darin Weber



Parent Tips: Sideline Etiquette

Sideline etiquette: 6 tips to make youth soccer better for parents and players

When playing in a game, youth soccer players' minds are focused on making split-second decisions as they maneuver around and survey the field.

Every once in a while, however, a player's attention may be drawn to his or her hyper parent yelling instructions or making a scene from the sideline. While parents' actions may simply be the result of wanting the best for their child, their behavior can have a negative effect on their young athlete's enjoyment of the game.

US Youth Soccer spoke to Dave Carton, the director of coaching for Discoveries SC in Rock Hill, S.C., to hear his opinion on some areas in which many parents could improve their sideline etiquette. Carton is no stranger to addressing adults on how to act while at games, and a letter he sent to parents of his club that cited their improper behavior was featured on the US Youth Soccer Coaches Blog.

1. Avoid 'coaching' from the sideline while watching your child's game

A common problem in youth soccer is the impulse parents have to shout instructions to their young player from the sideline. It's especially difficult for a child because he or she has a tendency to refer to what a parent says, which often conflicts with the instruction from the coach. Carton said parents should imagine being in a room and having multiple people yelling instructions at them in order to see the confusion it could cause a child.

"Another thing about yelling instructions is that the tone a parent yells with is typically a lot more aggressive than the coach," Carton said. "The coach is instructing with a teaching mentality. 'This is what we have to do to improve. This is part of the process to get better and improve your level of play.'"

"The instructions that the parents are yelling have an immediacy to it. They want it done now because they want the gratification of the instant result. It's conflicting with what the coach is trying to do."

2. Do not criticize the referee

Carton said this is an epidemic, and spectators should realize that referees are people and will make mistakes — even those officiating at the highest levels of play. When parents go after a referee for what they perceive as a mistake, it begins to make the game about the adults rather than the kids.

"A referee is ideally going to make an objective decision on what he or she sees. A parent is going to interpret that same situation through the prism of the team that their child plays on," Carton said. "If it's a decision that goes against their team, they're automatically going to have a subjective view on it."

"The problem comes when there is an aggression to how the parents react to that. The bigger problem is when the child sees that, the child thinks it's accepted. Parents need to remember they always need to be a model for their child."

3. Focus on the benefits of the game rather than the score

Far too often parents worry about the numbers formed by illuminated lights on a scoreboard rather than the experience their child has while playing youth sports. Carton said parents are naturally from an older generation in which there was a larger focus on the result of a game. While it's natural for everyone to want to win, he said parents need to keep focus on the larger picture.

“It’s natural instinct to want to win. The key thing is to keep things in perspective,” Carton said. “If we didn’t win, how can we go into the next game to improve on what we did wrong? Coaches talk about the development process, and losing is part of that process. If your team always wins, their mentality won’t be able to handle setbacks. It’s a big part of a child’s development.”

He went on to talk about a hypothetical 1-0 loss.

“Very few of the parents are asking their child if they had fun today. The child will take the parent’s reaction to the result of the game as the norm. They’ll then relate their experience to the result of the game, which is really counterproductive.

4. Think when interacting with opposing fans

“This is one that should be common sense. Grown adults should be able to go and enjoy their child’s experience without having any confrontation,” Carton said. “We get that at our club, too. We always say, ‘Don’t forget, you’re not just representing the club, you’re representing your child. The way you’re acting right now — if you could see yourself through the eyes of your child, what would you think of yourself? Why are you making a public spectacle over a U-11 girl’s soccer game? Are you proud of what you’re doing right now? Would you allow your child to act like this?’”

5. Don’t stress out over the game

Do you find yourself pacing up and down the sideline — anxiously following the action as it unfolds on the field? Stop it. Breathe.

“Just calm down. Enjoy it. Stop being so attached to it. It’s not your game,” Carton said. “Don’t base your enjoyment or happiness on what is going on out there.

“Look at your child. Is he having fun? Is he active? Is he enjoying the social nature of the game? Is he getting as much out of this experience as he can? Don’t worry about the rest of it. Some parents just give themselves aneurysms pacing up and down the line. Keep perspective. There are more important things.”

6. Save issues with the coach for the next day

Maybe you don’t agree with how much your child played in a game or another decision the coach made during the match. It’s important to take some time to think about it rather than confronting the coach in front of your child and the team.

“Directly after the game, the parents should not approach the coach. It’s an emotionally charged conversation and very little good can come from that,” Carton said. “At that time, there’s very little a coach can say that will make the parent feel any better. Go home. Talk to your family. Sleep on it. Get in touch the next day, whether it be by phone, email, or even going for a cup of coffee with the coach and asking for feedback.

“If the coach communicates well enough, the expectation should be there and the parent should understand the situation. If that’s not the case, the parent is totally in his or her right to bridge that communication gap.”

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